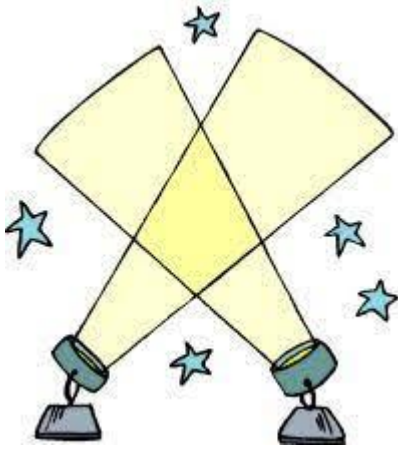




Welcome to the second St. Mary's newsletter of 2022! Read on for hard-hitting interviews, brain-tingling quizzes, and thought provoking articles...

Newspaper Club meets in H22 after school on Thursdays. Budding journalists...





SIMMARIAN IN THE SPOTLIGHT

In this edition of *Simiarian in the Spotlight* we are joined by aspiring golfer, Fionn Dobbin. Shane Lowry, Rory McIlroy, Pádraig Harrington, our Island is home to many a linksman. Fionn caught up with us to tell us his plans to add his name to this pantheon of golf professionals, *and more...*



Fionn alongside athletics legend, Mary Peters

Hello Fionn, thanks for joining us. How did you first become interested in golf, and who is your idol?

At about 6 or 7 I went to the Irish Open, I went to one of the tents to hit a few shots and I hit them well. A man who would be my future coach was there, and I kept seeing him after that. I have to say my idol is Rory McIlroy, coming from where I am from, it showed me that playing at the top level can be done.

Is it difficult managing school and golf commitments? Tell us what a typical day looks like...

I get up early every morning and spend half an hour practicing. After school I either have a golf lesson, or the gym. The physical training helps improve my club speed, I often focus on legs in order to have a strong base, this has added yards to my drive and improved my game.

Do you plan to make golf your career?

Yes, I'd like to do a scholarship in America, and after that go on tour. If all goes to plan, I'll have three years in college, and be ready to go on tour from there. You can play golf well into your 50s, and will still be in your peak in your 30s and 40s, so golf is a sporting career that can last for a long time. In terms of

university I would like to study Sports Psychology, after completing my A-Level Sports Studies here at St. Mary's.



Fionn'

Is it difficult balancing your social life with your other commitments?

Social life kind-of goes down the drain. You have to sacrifice a lot, going out with your mates at the weekend just isn't possible all the time. I do get the odd weekend, to maybe go to the cinema, but with GCSEs this year it is definitely more difficult.

Would you have any tips for anyone who is an amateur golf player?

Short-term I'd say definitely go to a coach. You might watch Youtube videos, but having someone there watching you can help a lot more. A coach can give you a plan, and start from the basics, which a lot of people overlook. I've overlooked things like set-up. Working on my swing all winter, I neglected set-up. For example, if I'm using a seven iron, and put my ball too far back, that knocks off other things like distance and direction.

Would you say that there is a mental side to golf?

Definitely, the mental side is really important. If you make a mistake, it's easy to get frustrated with yourself, but it's better to remember to just keep going. You are on the course for four hours at a time, so it's important to be mentally strong, as this can be quite draining, the gym actually helps me with this quite a lot.

Is there anything you have learned from golf that benefits you in your daily life?

The planning side, being able to know about how to spend your time properly. Sometimes you go and practice and work on what you *want* to do instead of what you *should* be working on, and I try to apply this to my studying as well. It's certainly helped me plan for my GCSEs, and what to plan and prioritise when studying.



Finally, the Masters start on Thursday – who is in the reckoning?

I'd love Rory to win it, if he does that he'll have all four for the grand slam. Tiger Woods is just back from injury as well, so he has to be in the back of your mind. The best player at the minute is definitely Scottie Scheffler. I feel like he had a bit of a confidence issue, but once he won one tournament he's really improved.

THE UKRAINE CRISIS

As many of you know there is an ongoing crisis occurring in Ukraine. Russian forces who have invaded the country tearing families apart, and have forced people to flee their homes in search of safety.

Here at newspaper club we want to shed some light on this crisis by informing you all of the work the people in the North of Ireland are doing to help the people of Ukraine. We will also hear first-hand accounts from some of those affected...

But first we want to show you how the people of Belfast have shown their support for Ukraine:



(Protesters, In solidarity with Ukraine)

This image shows people from both sides of a Belfast interface community coming together to show their support for our brothers and sisters in the Ukraine. Colin Duncan, from Shankill Methodist Church and Fr Martin Magill, from St John's Parish church on the Falls Road, were there at the protest together, both stating "We stand together here in unity with the people of Ukraine."

This goes to show that this is not a political issue, this is a humanitarian one.

Along with this, 6000 people in the North of Ireland have volunteered to take Ukrainian families into their home and give them sanctuary away from their war-torn homeland.

Next time we hope to show you how the Ukrainian refugees are settling in to our community, but for now here is an image of Ukrainian refugees living in a 15th century Irish castle:



(Families enjoying playing in the castle garden, County Galway)

Finally, we would like to give a special thanks to all our St. Mary's Students who donated to the Ukraine appeal held within the School.





SPORTS RESULTS

YEAR 10 BASKETBALL

St Mary's lose out in final to Rathmore.

St Mary's took on a talented Rathmore team on Friday afternoon at Lisburn racquets. Rathmore got off to the quicker start to the game and never looked back. Some great effort plays, and defence from St Mary's, but they struggled to get back into the game with the ball not falling on the offensive end. The boys finish silver medallists in the North and await results from other regions. Play of the game goes to Daniel Burns who has opened his scoring account with a lovely finish on the break.



YEAR 10 FOOTBALL



St. Mary's vs. Blessed Trinity College

St. Mary's cruised to a 6-1 victory with goals from: Oisin Gamble, Conall Burke (hat-trick), Sean Hughes and Barry McKervey.

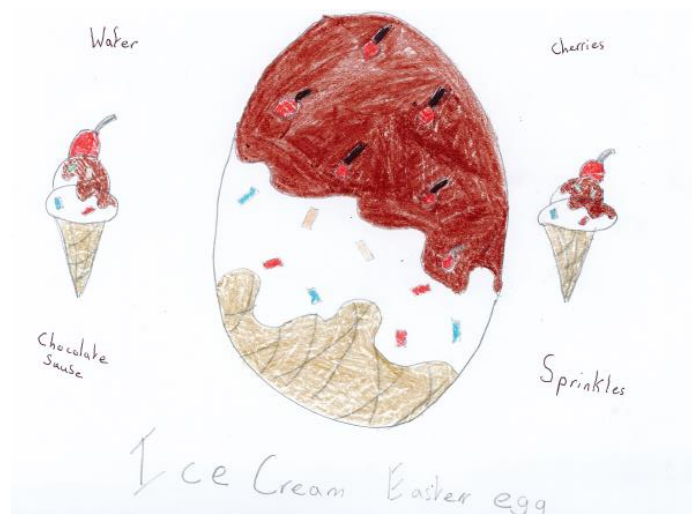
Well-done Year 10!



EASTER EGG COMPETITION

This term's competition had many egg-cellent entries, we have shared a few of our favourites below...

Kicking us off is this effort, an Easter Egg made from Ice-Cream? This would surely leave many a student feeling egg-static:



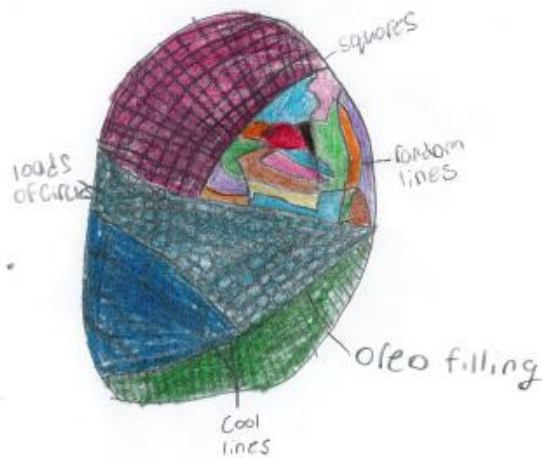
One student scrambled together as many colours as he could in this fine entry:



Jelly beans and chocolate? This student must have been egged on by someone else:



This design is so abstract looking it nearly fried our brains:



Our winner submitted this entry, we don't want to over-egg it, but we think that this thought-provoking, masterpiece will be discussed for years to come:



Congratulations to all our entrants – we hope to see you for our next competition...

LENT

Many of us at St. Mary's chose to remember our Lord by celebrating lent in the 40 days before Easter. We caught up with the Religion department to learn of the importance of Lent, and what they decided to go off...

Mr. Robinson Interview

What are you going off for Lent?

"I really love crisps! So for lent I'm going to try to be less selfish by going off crisps.

Would you have any advice for anyone practising Lent?

"Try to remember that you're doing it to show God how much you care. Doing something for Lent is a chance for us to try to be a little less selfish, and to show care for others because we're all part of God's family."

Why do you think Lent is still so important in the 21st century?

"We live really busy lives, and it's so easy to forget how much God has done for us. Lent is a really good time for us to try to be a bit better. If we can show love to God and other people during Lent, then it's still as important in 2022 as it ever was."



Mrs Wright Lent interview

What are you going off for Lent?

"I am cutting down my caffeine intake by not drinking tea during the day."

Would you have any advice for people practising Lent?

"I would encourage people to try again with their Lenten promises if they fail. It is never too late to start again."

Could you share with us why Lent is still so important in the 21st century?

"Lent is so important because it helps us to become disciplined and able to practise self-restraint. We make small sacrifices to remind us of the ultimate sacrifice made by Christ."



Dr. Scullion Interview

What are you going off for Lent?

"Instead of going off something for Lent this year, I decided to 'Go on' something positive. I've been litter picking in my local area on the weekends. It's nice to make a contribution to the environment and the local community."

Would you have any advice for anyone practising Lent?

"For anyone practising Lent, I would advise telling someone else what your pledge is so they can give you support."

Why do you think Lent is still so important in the 21st century?

"I think Lent is still so important because it is quite rare nowadays to deny ourselves anything, and practising Lent helps remind us of what important in life. Resisting temptation (or giving up time or money for a good cause) also brings us closer to Jesus by giving us a glimpse into His experience of resisting temptation for 40 days and nights

Can you solve this Easter Themed Word Search?

Easter Word Search

B	E	G	T	L	K	C	R	G	B	T	C	N	S
E	E	N	T	C	S	G	C	O	S	N	Y	C	B
A	R	G	I	Y	E	T	U	S	H	L	A	G	A
S	E	H	I	E	L	E	S	E	L	C	D	H	N
T	C	B	I	L	E	B	Y	A	E	B	I	L	C
E	O	R	T	O	N	C	S	L	S	T	R	E	E
R	K	L	T	T	T	N	E	A	B	C	F	O	T
B	B	H	A	O	U	B	A	U	O	T	D	C	A
U	R	G	G	E	R	E	T	S	A	E	O	T	L
N	A	R	O	A	O	B	K	U	E	T	O	I	O
N	D	E	T	E	T	G	S	E	O	E	G	B	C
Y	O	I	B	N	B	G	I	T	U	A	A	B	O
H	O	T	C	R	O	S	S	B	U	N	S	A	H
N	B	A	S	K	E	T	R	B	I	I	O	R	C

RABBIT
CELEBRATION
CHICK
EASTER EGG
BASKET
CHOCOLATE
GOOD FRIDAY
EASTER BUNNY
LENT
HOT CROSS BUNS

Play this puzzle online at : <https://thewordsearch.com/puzzle/3471668/>

Answers

Q1. The Antarctic Blue Whale (+1)

Q2. Pep Guardiola (+1)

Q3. The Amazon (+1)

Q4. The Impossible (+2)

Q5. Three-toed sloths (+2)

Q6. Coke (+2)

Q7. No (+1)

Using the key what was your score

/10?

Q1	+1
Q2	+1
Q3	+1
Q4	+2
Q5	+2
Q6	+2
Q7	+1