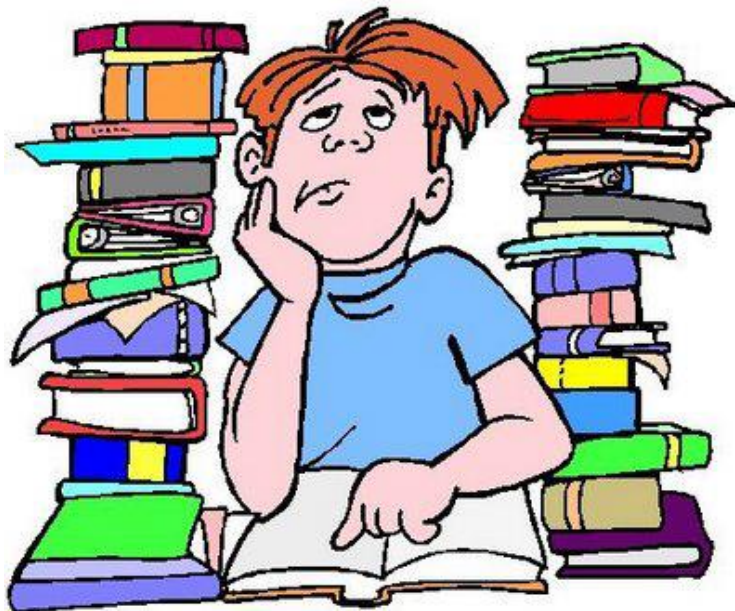


ABBEY CBS GRAMMAR SCHOOL  
YEAR 8 REVISION GUIDE  
Christmas 2016



NAME: \_\_\_\_\_

CLASS: \_\_\_\_\_

FORM TEACHER: \_\_\_\_\_

Parental signature: \_\_\_\_\_

**Parent/Guardians**

It's hard to believe the first term has gone by so quickly and we are talking about revision for our Christmas exams!

Please take some time to go through this booklet with your son, it contains some very important information that relate to your son's Christmas Exams in the Abbey.

The Year 8 exam timetable will be included when it is available. It would benefit your son if you read over this with him to ensure he knows when his exams are on and what subjects he needs to be prepared for on each of the days.

I have also included a revision list for each subject within this booklet, so that you are also aware of what your son will be tested on. I have already had an assembly to discuss revision techniques and good exam practice. This will be further reinforced by the form teacher over the coming weeks.

Please be aware that this may be subject to minor changes. Also a copy of this Revision Booklet can be found on the school website [abbeycbs.co.uk](http://abbeycbs.co.uk) and on the Abbey APP.

Thank you for all your help and support so far this year. It is very much appreciated.

**A Elmore**

**Head of Year 8**

Class	B8 O8 SL8 IV8 D8
<b>CENTRE</b>	
1.	_____
2.	_____
3	_____
1.	_____
2.	_____
3.	_____
1.	_____
2.	_____
3.	_____

## A Student's Prayer

Lord, help me to do my best.  
I hope I will get the results I want.  
Help me to be confident until the results come out.  
Help all the class to do well.  
Thanks Lord, for the friends we have in our class.  
Thank you Lord for my family  
Who give me their support  
And look after me, not only at exam time.  
Above all, Lord give us  
The confidence to know our own value no matter what the results.  
Help us to use our talents, our intelligence and our education  
In your service, now and always  
Amen



## PUPIL PROGRESS

End of Term reports will be released to parents usually during the first week of January.

In school we have a Pupil Progress monitoring system. In Junior school this means that we examine carefully all reports after a set of examinations. We identify any students that have failed three or more examinations (below 50%) or have a lot of scores in the 50's. We can also be alerted to a problem by teacher comments on a report.

Once any student has been identified as being in need of support we contact parents. Often a review meeting is held in school with parents to establish why the pupil feels that they have not performed to their best in the examinations and steps can be put in place to ensure that he catches up. These may include better exam preparation, use of study facilities in school, being assigned a senior mentor (Buddy), putting the pupil on report and target setting. The focus of these meetings is always to bring about improvement and have a positive outcome.



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

**Set a timetable**

**With a timetable you can plan to cover all your subjects in an organised way, allotting the appropriate time for each without becoming overwhelmed**

## **Other Useful Study Tips!!**

### **1. Create a study environment**

This should be away from interruptions and household noise, such as the television. Ensure there is adequate lighting and ventilation, a comfortable chair and appropriate desk.

### **2. Look after yourself**

Drink plenty of fluids, especially water, and eat healthy foods. Keep sugary foods to a minimum. Make sure you get enough sleep each night. Regular physical exercise makes you feel great, boosts your energy and helps you relax.

### **3. Reward yourself for studying - As the World Cup is on during your exam timetable use these matches as your reward!!!!!!!**

Watch your favourite television program, spend time with your friends, walk to the park and play sport throughout the week.

### **4. Have variety in your study program**

Study different subjects each day and do different types of work and revision in each study session.

### **5. Avoid interrupting your concentration**

Have all the appropriate materials with you before you start a session of study to minimise distractions.

### **6. Test yourself on what you have studied**

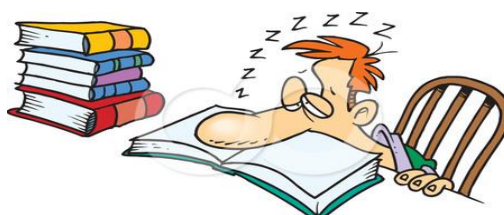
Ask your parents or family members to quiz you on what you have learnt, use draft questions from books, etc.

### **7. Don't panic at exam time**

If you have followed a study routine and have been revising your class work, there should be no need to worry. Try to keep yourself calm, positive and confident.

### **8. Ask your teachers for guidance**

Especially if you're having trouble - whether it's grasping a new concept or understanding something you learnt earlier in the year. They will be happy to help ☺



## **Revision Lists**

Revisions list are included for the subjects which students will sit an internal exam in. The following subjects do not have an internal house exam/it may be completed in class before the exam timetable, but the students mark/grade as shown in their end of year report is made up of continuous assessment.

ICT

PE

LLW

DRAMA

## **ART AND DESIGN**

Art and Design marks are based on continual assessment of homework's, evaluations and class projects.

60% class projects

40% homework and evaluations